



The Banner

Central Montgomery County Business and Professional Women's Club
Volume XCV – March 2022

Next Meeting – Thursday, March 17, 2022

Maggiano's Little Italy, 205 Mall Blvd., King of Prussia, PA
Networking: 6-6:30 pm ♦ Dinner: 6:30 pm ♦ Cost: \$30.00

President's Message:

Dear Members,



The Belmont-Paul Women's Equality National Monument was home to the National Woman's Party (NWP) for over 90 years, and was the epicenter of the struggle for women's suffrage and women's rights. From this house in the shadow of the U.S. Capitol and Supreme Court, Alice Paul and the NWP developed innovative strategies and tactics to secure passage of the 19th Amendment and more. In the hallway is a mirror and when visitors look in it, they are surrounded by the words, "I stand on the shoulders of the women before me."

Think of all the women on whose shoulders we stand. If it weren't for suffragettes like Elizabeth Cady Stanton, Susan B. Anthony, Lucretia Mott, Carrie Chapman Catt, and Alice Paul, to name a few, we wouldn't have the right to vote. Mary Church Terrell was a charter member of the NAACP and an advocate for civil rights. Supreme Court Justice Ruth Bader Ginsberg fought against gender discrimination. Wilma Mankiller was a leading advocate for the Cherokee people and became the first woman to serve as their principal chief. Jeannette Rankin was the first woman to be elected to the U.S. Congress (2 years before women had the right to vote) and Kamala Harris is the first female Vice President. The list goes on.

On February 22nd, U.S. Women's Soccer reached a \$24 million settlement with the U.S. Soccer Federation following a lawsuit over unequal pay with the men's team players. According to the terms of the settlement, U.S. Soccer will pay men and women at an equal rate in the future. This story made all the national news

**Central
Montgomery
County
BPW Officers
2021 - 2022**

President

Ginny Bailey

Vice President

Deb McDonald

Recording

Secretary

Maura Gillen

Treasurer

Noreen Morello

Corresponding

Secretary

Trish Corvo

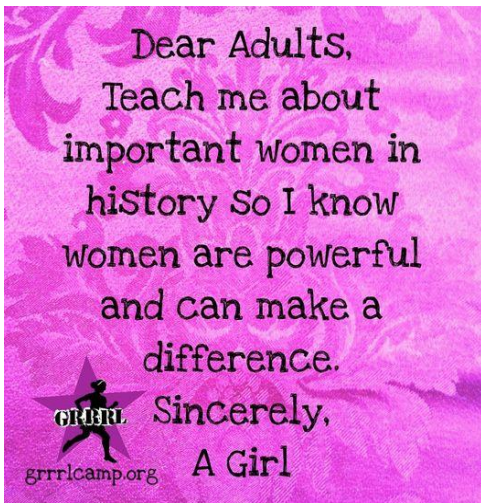
Parliamentarian

Barbara Jean

Maresca

outlets. Wouldn't it be nice if women getting equal pay was not a major news story? Wouldn't it also be nice that any time a glass ceiling shattered, it wasn't announced as the first female to do it or the first black woman, Latina woman, LGBTQ+ woman, etc.?

BPW/PA has been an advocate for working women since 1919 and it's mission is to achieve equity for all women in the workplace through advocacy, education, and information. At times it may seem frustrating that we're not getting anything done but change is slow. If you read the history of the organization on the BPW/PA website (bpwpa.org), you'll see we've accomplished a lot over the years. My sister recently asked me why I've been a member and stayed with the organization for so long and I told her I want my 7-year old niece Ellie to not have to worry about breaking glass ceilings, earn the pay she deserves or being treated fairly and with respect in her education and the workplace. Aren't we all trying to make the world a better place? We just need to make our shoulders a little wider for all the little girls to stand on.



Our program this month is Tracy Ashdale from Girls on the Run, our BPW/PA State Project. Girls on the Run is national non-profit organization that designs programs that strengthens third- to eight-grade girls' social, emotional, physical, and behavioral skills to successfully navigate life experiences by building confidence, character, caring and contribution. We'll learn more about from Tracy, and Deb MacDonald's daughter, Abriel, and Coach Maura (Mo) Gillen. What a great way to prepare the girls who will stand on our shoulders.

“And to all of the little girls, never doubt that you are valuable and powerful and deserving of every chance and opportunity in the world to pursue and achieve your own dreams.”

~ Presidential Candidate Hillary Rodham Clinton

If you're interested in finding out more about women's history, the following are a few of the websites and Facebook pages I use to get information:

- **Women's Rights National Historical Park** – nps.gov/wori/index.htm
- **Belmont-Paul Women's Equality National Monument** – <http://www.nps.gov/bepa>
- **Alice Paul Institute** – <http://www.alicepaul.org/>
- **National Women's History Alliance** – <https://nationalwomenshistoryalliance.org/>
- **A Mighty Girl** - <https://www.amightygirl.com>

Happy Women's History Month!
Ginny



“Stop telling girls they can be anything they want when they grow up. I think it's a mistake. Not because they can't, but because it would have never occurred to them that they couldn't.”

~ Sarah Silverman

March Program

March Dinner Menu

First Course

Stuffed Mushrooms
Classic Bruschetta
Maggiano's Salad

Second Course

Mushroom Ravioli al Forno
Mom's Meat Lasagna
Grilled Chicken, Tomato &
Basil

Desserts

Gigi's Butter Cake
Fresh Fruit Plate

State Theme:



District Theme:

Just Be

CMC Theme:

With the right words,
you can change the world.

CMC BPW HONORS OUR STATE PROJECT&NWWM

GIRLS ON THE RUN



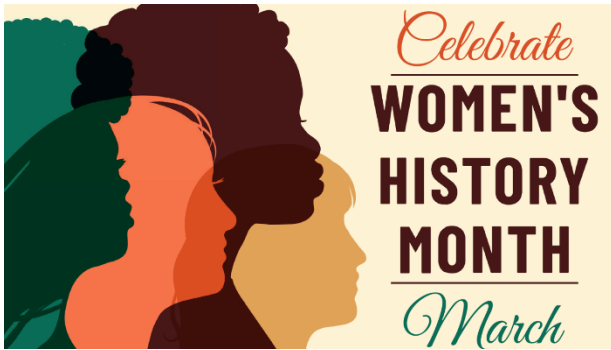
Tracy Ashdale Director&Chief Energy Officer GOTR
GOTR Coach Mo Gillen & GOTR Abriel MacDonald

Speaker Tracy Ashland



Tracy founded the local Southeastern Suburban PA Council serving Montgomery and Delaware Counties. She coached her first team of 12 girls at Fort Washington Elementary in 2007 and has presided over an incredible time of organizational growth. The council has served over 7000 girls. In 2019, 550 fearless coaches led 124 teams serving over 1800 girls in the 10-week session. Most recently, in the fall of 2020, the council acquired a third county, Chester County. With this acquisition the council will serve 376 elementary and middle schools across all three counties!

The History Behind Women's History Month:



- **The first Women's History Day was held in 1909.** February 28, 1909 marked the first Woman's History Day in New York City. It commemorated the one-year anniversary of the garment workers' strikes when 15,000 women marched through lower Manhattan. From 1909 to 1910, immigrant women who worked in garment factories held a strike to protest their working conditions. Most of them were teen girls who worked 12-hour days. In one factory, Triangle Shirtwaist Company, employees were

paid only \$15 a week. *History.com* describes it as a "true sweatshop." Young women worked in tight conditions at sewing machines, and the factories' owners didn't keep the factory up to safety standards. In 1911, the factory burned down and 145 workers were killed. It pushed lawmakers to finally pass legislation meant to protect factory workers.

- **The day became Women's History Week in 1978.** An education task force in Sonoma County, California kicked off Women's History Week in 1978 on March 8, International Women's Day, according to the National Women's History Alliance. They wanted to draw attention to the fact that women's history wasn't really included in K-12 school curriculums at the time.
- **In 1987, it became Women's History Month.** Women's organizations, including the National Women's History Alliance, campaigned yearly to recognize Women's History Week. In 1980, President Jimmy Carter declared the week of March 8 Women's History Week across the country. By 1986, 14 states had declared the entire month of March Women's History Month, according to the Alliance. The following year, in March of 1987, activists were successful: They lobbied Congress to declare March Women's History Month.
- **The president declares every March Women's History Month.** Since 1995, every president has issued a proclamation declaring March Women's History Month, usually with a statement about its importance.

Equal Pay Day is March 15th

March 15, 2022 is Pay Equity Day and the National Committee on Pay Equity is asking women to wear red to symbolize how far women and minorities are "in the red" with their pay! Sound familiar? So please wear red and wave those red purses and if anyone asks why you're all in red, tell them women working full time and year-round are paid 82 cents for every dollar paid to a man who works full time and year round.

Spring District Meeting

The District Eleven will be held Saturday, April 9th at Caitlyn & Cody's Diner in Quakertown, PA. The schedule for the day will be:

8:00 am – 8:15 am	Registration
8:15 am – 9:00 am	Breakfast
9:00 am – 12:00 pm	Spring District Business Meeting

Cost is \$24 (Breakfast \$21.00 + Registration \$3.00, Total: \$24.00). **ALL** members are welcome to attend. If you would like to attend, please let Treasurer Noreen know **before March 28th** so she can submit our registration form. If you are planning to attend, please review the District Bylaws changes that were sent to you with the Call. If you need another copy, please let President Ginny know.

BPW/PA State Convention

The 102nd BPW/PA State Convention will be held June 9 – 12, 2022, at the Wyndham Gettysburg in Gettysburg, PA. Advance registration (post-marked on or before March 12, 2022) is \$65 full-time and \$50 one day. Registrations received after March 13th and before May 9th is \$75 full-time and \$60 one day. ALL members are welcome to attend. Registration can be made via mail or on-line on the BPW/PA website – www.bpwpa.org. If you decide to go, call the Wyndham Gettysburg (717-339-0020) to make your reservations. But, do NOT hit '1' – hit '0' and talk to someone at the hotel and make sure you tell them your with the BPW/PA convention for the correct room rate.

Standing and Special Committee Reports

In order to conduct our Zoom and dinner meetings in a timely manner, President Ginny will be asking all committee chairs to submit a brief report to be included monthly in *The Banner*. Whether you have some news to share or would just like to give our members (especially our new members) a brief overview of your committee, all reports are welcome.

Report of the Nominating Committee

At the March 3rd CMC Board Meeting, the Nominating Committee made up of Nancy Werner, Chair, E. Pearl Smith, and Barbara Jean Maresca presented the following slate of officers for 2022-2023:

Co-Presidents – Maura (Mo) Gillen and Becky Shoulberg

Vice President – Deb MacDonald

Co-Recording Secretaries – Cheryl Austin and Nancy Werner

Treasurer – Noreen Morello

Becky had been on the original committee but resigned due to accepting a nomination. Many thanks to the Nominating Committee and to the members who have agreed to serve. This slate of officers will be voted on at the March meeting.

Eleanor Knoke – Nancy Werner

This is a very special award dedicated to a former District Eleven Director of BPW/PA. It represents being the most outstanding LO within our District 11. We are so proud to be the recipient of this award for 2021-22. We survived the challenge of the pandemic and embraced our Zoom BUT we are now in a new year. July 1, 2021 to June 30, 2022. There is one important item that is asked on the 4-page application – how many hours of volunteerism do your members give? Good question but the only way to know is to ASK. I have a sheet that you can do monthly or for whatever time period that you wish. It covers your volunteering hours for Religious interests, Hospital/Nursing Home, Political, Community Organizations and lastly BPW. Please note we are NOT to include our monthly meeting but everything else that we do. So find your calendar of last year and start the tabulations. If you have ANY questions, do not hesitate to contact me. Thank you.
Nancy.werner73@gmail.com or 215-679-6687



Medicine Vials – Nancy Werner

Got Bottles! Shipment #1 has left the building. But if you any anymore, please bring them to the meeting on March 17th OR drop off at Noreen Morello's business on E. Fornance Street, Norristown, PA. Matthew 25 Ministries located in Cincinnati, Ohio is where I am sending them. They are sent to countries that use paper envelopes for prescriptions. Hoping to send another shipment. Thank you to those who have already donated. Nancy

CMC Key Editor – Nancy Werner

The deadline for the **KEY** is April 1st. The **KEY** is our state publication that arrives four times a year. We have articles from our State Officers, our State Standing and Special Chairs and reports from the 11 Districts. We are in District 11 which has 5 local organizations – Central Montgomery County, Greater Conshohocken, Quakertown, Souderton Telford and Upper Perkiomen BPW. We will have an article covering our January, February and March Meetings to share with our BPW/PA readers. Hoping to share our “Pearls of Wisdom” with Georgia Wilson, Karen Ploch’s presentation of Black History in Montgomery County and our State Project, Girls on the Run. Nancy

PA BPW Foundation – Nancy Werner

Separate from our BPW/PA Federation is our PA BPW Foundation. Established in 2008, it was created as a 501 c 3. Purpose-Education. We provide up to 6 scholarships a year to interested female or male individuals who are furthering their higher level of education. Each scholarship is \$2,500. All necessary information can be found on the www.bpwpa.org on the public page.

We also provide financial assistance to BPW members who are experiencing severe hardship. This is the Edith Oler Flanigan Grant Fund. All information remains confidential. This application and directions can be found in the members only section of the www.bpw.pa. It does NOT matter how many years that you have been a member. All applications are reviewed by the committee and answered by the chair.

I am most proud of this Foundation for I had a role in creating it. At the present time Ginny Bailey and myself are on the PA BPW Foundation Board. This is Ginny’s first year of a three year term and I have served on the board off and on for ten years. We would appreciate you considering donating what you can to our PA BPW Foundation. There is sheet that we complete and give to our Treasurer Noreen Morello. She sends all our donations at one time to our PA BPW Foundation Treasurer by deadline of April 30, 2022. Again, any questions, please do not hesitate to ask.

Thank you. Nancy

Public Relations – Becky Shoulberg

CMC continues to be everywhere! We love running into each other at events outside of BPW. We also love supporting our other local BPW chapters and their events. Be sure to follow our Facebook page to see what CMC and other clubs are up to:

- March 19th ChesMont Pizzeria Uno in Oaks
- March 26th Downingtown Comedy Night
- April 24th Quakertown Paddle Raffle
- April 30th Souderton/Telford Locally Grown Showcase

Ways and Means – Becky Shoulberg



Benefit Mobile app is switching to Shop With Scrip. Be sure to sign up and help us earn with no cost to you. Maggiano's and 750 merchants participate! With the old system, we earned 8% back of our total bill at Maggiano's now it will be 11%. In the last year, my personal shopping has earned us back over \$120!! It is so easy! Click on the link to get started:

<https://www.shopwithscrip.com/>

Raffles are baaack! We support our speakers and their organizations with this awesome fundraising tool. Know any donors? Be sure to let us know. We pride ourselves on getting raffle prizes donated so ALL proceeds can go to recipient!

CMC Members

CMC members are welcome to submit their events/milestones to the CMC Facebook page and to *The Banner*.



Congratulations Lexie!

Past BPW PA Young Careerist and Individual Development winner, Alexis Werner, was Quakertown BPW January speaker. Lexy needs a bigger hat to support her latest feather, she won Baird Women's Conference Growth Award last week! Becky Shoulberg nominated Alexis for her accelerated career and philanthropic journey. Congratulations!



A Step Up Academy Trivia Night

Trish Corvo and A Step Up Academy is hosting a Trivia Night on Saturday, April 2nd. Doors open at 6:00 pm and games begin at 7:00 pm. We hope to see you there! For more information: <https://www.paypal.com/donate/...>

Date: Saturday, April 2

Time: Doors open at 6pm, Games start at 7pm

Place: American Legion Fort Washington
493 S. Bethlehem Pike
Fort Washington, PA 19034

Tickets: \$30/Person or \$275 for a Table of 10

Barbara Jean Maresca and Becky Shoulberg loved A Step Up Academy's Bingo night last month and are eager to return to the Ft. Washington American Legion venue!



Kelly Ann Dolan Memorial Fund

Linda Bean with the Kelly Ann Dolan Memorial Fund is having a Golf Fundraiser on Thursday, May 12th at the gorgeous 1912 Club in Plymouth. Even if you don't golf, at least come for the Happy Hour Networking event!

Tickets are still available... plus the opportunity to meet Eagles legend Seth Joyner! From golf swing lessons to wine tasting with a professional sommelier this event has so many wonderful options. For more information: <https://www.eventbrite.com/.../swing-fore-families...>



Around the District

Quakertown BPW



QUAKERTOWN BUSINESS AND PROFESSIONAL
WOMEN'S ORGANIZATION



QUARTER/PADDLE RAFFLE

Proceeds from this event benefit Quakertown High School Scholarships and community outreach projects!

Date: Sunday April 24, 2022

Time: Games start at 1:00 pm (Doors open at noon)

Cost: \$10.00 per ticket

Tickets include: 1 paddle with a bidding number.
(Additional paddles can be purchased for \$1.00 each) AND
GRAND PRIZE of \$100.00 in Rub-off PA Lottery Tickets.
*Special drawings: Coach handbag,
Luglife travel bags*

Location:
Benner Hall
1260 E. Cherry Road
Richlandtown, PA 18955

Food, drinks and snacks will be available for sale!

GREAT PRIZES
Bring your quarters for bidding on these fabulous items.

For Tickets, Donations, Sponsorships or Information
contact bpwquakertown@gmail.com

Quakertown BPW will be holding their outreach fundraiser Paddle Raddle on Sun., April 24 at 1:00 pm. Doors open at noon. New venue - Benner Hall, Cherry Street, Richlandtown, PA. (Larger facility for table spacing.)

Bring your quarters to bid on great prizes, join in our raffle bag items, and your ticket gets you a bid for the grand prize. Extra paddles are available for \$1 each. Refreshments will be served for a small cost. Tickets are \$10.

Please contact Nancy Werner if interested by April 3.

Souderton-Telford BPW

Souderton-Telford Business and Professional Women Present
The Fifth Annual:

LOCALLY GROWN SHOWCASE



Saturday April 30th 2022
10am to 3pm
Rain Date - May 21st

- Local Food & Farm Products
- Wine & Spirits
- Artists & Craft Makers
- Music
- Raffle Items
- Entertainment
- Kids Activities
- Food Trucks

Upper Salford Park
559 Salford Station Rd. Schwenksville, PA 19473
SoudertonTelfordBPW.org

Eat Clean. Shop Local. Give Back!

Souderton-Telford BPW has a date for Locally Grown Showcase 2022! It will be held on Saturday April 30th at Upper Salford Township's Park located at 559 Salford Station Rd, Schwenksville, PA 19473!

If you know an awesome vendor or food truck please let the Souderton-Telford BPW know. You can email them at: soudertontelfordbpw51@gmail.com

They're looking for local food and farm products, artists and craft makers, and wine, beer & spirits. ❤️

Happy Birthday to our Members!



Dates to Remember

March Birthdays

March 11 – Trish Corvo

March 18 – Lillian Coleman

March 27 – Priscilla Brandon



Mothers who help each other in times of war, with solidarity with Ukrainians that crosses all borders. A row of strollers complete with blankets and all the necessities for babies on a platform of a train station in Poland.

March – Women’s History Month

March 3 – CMC Board Meeting via Zoom at 7:00 pm

March 8 – International Women’s Day

March 11-12 – BPW/PA Mid-Winter Board, Hilton Garden Inn, State College, PA or Zoom

March 13 – Daylight Savings Time Begins – Turn clocks ahead 1 hour

March 17 - CMC Monthly Meeting
Tracy Ashland – Girls on the Run

March 20 – First Day of Spring

April 7 – CMC Board Meeting via Zoom at 7:00 pm

April 9 – District 11 Spring District Meeting
Caitlyn & Cody’s Diner, Quakertown

April 21 - CMC Monthly Meeting
Kiki Peppard – Maternal/Familial Status Protection in Employment

June 9-12 – BPW/PA State Convention, Wyndham Gettysburg, Gettysburg, PA

Important Websites:

- Pennsylvania Business and Professional Women’s Clubs – www.bpwpa.org
- Central Montgomery County BPW – www.centralmontgomerycountybpw.org
- Montgomery County Chamber of Commerce – www.montgomerycountychamber.org
- The Patch – patch.com/Pennsylvania/Norristown
- Girls on the Run - GOTR Southeastern Suburban PA (gotrpa.org)
- Shop With Scrip – <https://www.shopwithscrip.com/>