



The Banner

Central Montgomery County Business and Professional Women's Club
Volume XCV – May 2022

Next Meeting – Thursday, May 19, 2022

Maggiano's Little Italy, 205 Mall Blvd., King of Prussia, PA

Networking: 6-6:30 pm ♦ Dinner: 6:30 pm ♦ Cost: \$30.00

**Central
Montgomery
County
BPW Officers
2021 – 2022**

President

Ginny Bailey

Vice President

Deb McDonald

Recording

Secretary

Maura Gillen

Treasurer

Noreen Morello

Corresponding

Secretary

Trish Corvo

Parliamentarian

Barbara Jean

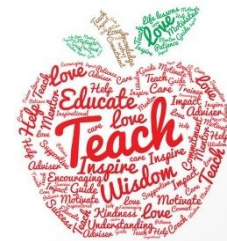
Maresca

President's Message:

Dear Members,

If anything good came out of the COVID pandemic, it is our renewed appreciation of the essential workers, first responders, and health care workers who couldn't stay home or quarantine and it seems May is the month to celebrate them – especially after the last two years. We thank our firefighters, teachers, police officers, nurses, EMS workers, and military personnel for their service and sacrifice:

May 2 – 6 Teacher Appreciation Week



Teacher Appreciation Week is celebrated in the first full week of May, from May 1 through May 8 in 2022, and is when teachers get the extra credit they deserve. The big day is Teacher Appreciation Day on May 5, but teachers are just so great that they get a whole week to savor our appreciation. Teaching is known to be a time-consuming and challenging profession, so this week is our chance to say thank you to those that play or have played such a huge role in our lives. Who doesn't have a fond memory of a teacher who inspired us in some way?

May 4 International Firefighters Day

Born out of a tragic loss of five firefighters in a wildfire in Victoria, Australia, it was a way to honor their lives and the sacrifice that firefighters are willing to make for you and me on a daily basis. This day of recognition is to honor and remember America's fallen firefighters, to assist their families in rebuilding their lives, and to prevent firefighter injuries and deaths. Firefighters also get a whole month of appreciation in September.

May 6 – 12 National Nurses Week



In February 1974, President Nixon announced a National Nurse Week, from May 6 to May 12 every year and with this, May 12 also began to be recognized as Nurses Day. Nurses Day is a special day to honor and celebrate the contributions of nurses all over the world. The day is celebrated on Florence Nightingale's birth anniversary on May 12 every year. The inspiration behind the day is the iconic Florence Nightingale, the British nurse and social reformer who dedicated her life to the improvement of the health sector.

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May 15 – 23 EMS Week

Also started in 1974 by President Gerald Ford this annual observance is a time to thank paramedics, EMTs and the EMS workforce for their service and sacrifices. It's also serves as an opportunity for EMS raise public awareness about the role of EMS in the community.

May 11 – 17 National Police Week



National Police Week offers honor, remembrance, and peer support, while allowing law enforcement, survivors, and citizens to gather and pay homage to those who gave their lives in the line of duty. In 1962, President John F. Kennedy signed a proclamation which designated May 15 as Peace Officers Memorial Day and the week in which that date falls as Police Week.

May 21 Armed Forces Day

According to the U.S. Department of Defense, "President Harry S. Truman led the effort to establish a single holiday for citizens to come together and thank our military members for their patriotic service in support of our country.

Even if they don't get a special day or week, think about the people who have helped and taken care of you and show you appreciate them for all they have done for you. Sometimes help comes from people and places where you least expect them.

"When I was a boy and I would see scary things in the news, my mother would say to me, "Look for the helpers. You will always find people who are helping." ~ Fred Rogers

THANK YOU to all the helpers!

Ginny

Don't Forget to VOTE on Tuesday, May 17th!

WAYS TO VOTE
IN THE MAY 17 ELECTION

BY MAIL BALLOT
All voted mail-in and absentee ballots must be received by county election offices by 8 p.m. Election Day.

POLLING PLACE
Polls will be open on May 17 from 7 a.m. to 8 p.m. Find your polling place at vote.pa.gov/polls.

IN PERSON BY MAIL BALLOT
Through May 10, PA voters can request, receive, mark and cast their mail ballot in one visit to their county elections office or other designated location.

vote.pa.gov

Do you know where your polling place is? Find out today and be [#ReadytoVotePA](https://twitter.com/ReadytoVotePA) on Tuesday. vote.pa.gov/PollingPlace

If you have time to run to Wawa for coffee, you have time to vote.

The Justice Bell comes to Upper Dublin!



The Justice Bell replica is heading to the Upper Dublin Public Library in Fort Washington, PA on June 4th where it will be exhibited until the spring of 2023. On June 18th, Amanda Owens will be at the library for a "big event" with the Justice Bell replica. There will be more information soon about programming with the Upper Dublin Public Library and the Wissahickon Valley Public Library. Follow the Justice Bell Foundation on Facebook or www.justicebell.org and sign up for their newsletter.

May Dinner Meeting

May Dinner Menu

First Course

Crispy Zucchini Fritte
Classic Bruschetta
Maggianno's Salad

Second Course

Fettuccine Alfredo
Mom's Meat Lasagna
Salmon, Lemon & Herb

Desserts

Gigi's Butter Cake
New York Style Cheesecake

State Theme:



District Theme:

Just Be

CMC Theme:

With the right words,
you can change the world.

YOU ARE
CORDIALLY
INVITED TO

CMC BPW's
95th
Birthday
Party



THURSDAY, MAY 19 @ 6 PM
MAGGIANO'S KOP
\$30 AT THE DOOR

RSVP BY MONDAY, MAY 16
TO CMCBPW@GMAIL.COM

Join us as we celebrate being chartered in 1927 as the Norristown chapter of BPW! We have memories galore to share, games to play and raffles to win! \$30 dinner cost. Doors open at 5:30. Paypal, cash or check at door. Please RSVP ASAP!

If you want to be the bee's knee's, channel your inner Flapper and come dressed up 1920's style.



... the New Woman of the 1920s boldly asserted her right to dance, drink, smoke, and date = to work her own property, to live free of the strictures that governed her mother's generation.

... She flouted Victorian-era conventions and scandalized her parents. In many ways, she controlled her own destiny.

State Convention Contest Entries

Participation to District Contests – On behalf of CMC BPW, we submitted for the District Eleven deadline of April 15, the following:

Issues Management (Programs):

Category 1 – Best program, project, or event promoting the BPW/PA theme, “Be the Change You Want to See in the World.” – Georgia Wilson’s “Pearls of Wisdom.”, January 2022

Category 3 – Best program, project, or event promoting Equal Pay Day – Barbara Price from the AAUW/PA, April 2021

Category 4 – Best program, project or event supporting the Girls on the Run- Tracy Ashdale, March 2022

Category 7 – Katherine S. Carpenter Award sponsored by the Jersey Shore BPW of District 6- Community Service of a local organization involving group or individual within these 3 categories of youth, aged individuals, or special needs individuals. – Chris Berkowitz and the Cribs for Kids, June 2021

Legislation:

Category 2 – Best Program or project relating to BPW/PA Legislative Platform Economic Equity plank and best program project, and/or participation in an Equal Pay Day event. – Barbara Price from the AAUW/PA, April 2021 (Nancy)

Membership – They needed information on our membership growth was submitted by Membership Chair Noreen Morello and Becky Shoulberg.

History of CMC for 2021-2022 was completed by Noreen Morello, Nancy Werner and Sally Shaw.

Public Relations – Becky Shoulberg shared that she received 18 items on behalf of CMC BPW.

Now these went to the District Chairs and were reviewed by the District Chairs and their judges. As to what entries went onto State by May 2, we do not know. All information is held in confidence.

National Foundation – This category goes right to the State level.

Women in the Green Economy – Our recycle collection of medicine vials for Matthew 25 of Cincinnati, Ohio. (Nancy)

Women Joining Forces on all our activities with the Mary Walker House and the Norristown Veterans Center. (Mo)

Now isn't this a great reason to come to State Convention and hear how we did? We have participated in a fabulous way.

Standing and Special Committee Reports

In order to conduct our Zoom and dinner meetings in a timely manner, President Ginny will be asking all committee chairs to submit a brief report to be included monthly in *The Banner*. Whether you have some news to share or would just like to give our members (especially our new members) a brief overview of your committee, all reports are welcome.

Eleanor Knoke – Nancy Werner

As previously shared in the Banner, this is a very special award dedicated to a former District Eleven Director. We are currently the proud recipient of this award for 2020-2021. I need to hear from you on your VOLUNTEER hours. From July 1, 2021 to the June 30, 2022, think of all the volunteer work that you may have accomplished. The form is only a guide with a list of religious, hospital/nursing home, political, community, and BPW activities. I do wish to share that this 4-page comprehensive report of CMC BPW's yearly work also includes our leadership on District and State, financial support to State projects and community outreaches, our membership growth, our attendance at State and District meetings, visiting other LOs, any awards, any bylaw changes and other work on providing orientation to new members. Volunteer hours are part of this report but they carry a significant importance to the work of our CMC BPW. If you have ANY questions, do not hesitate to contact me. Thank you. Nancy.werner73@gmail.com or 215-679-6687.

Medicine Vials – Nancy Werner

A second shipment is being collected. Please bring to the May and June meetings or drop off at Noreen Morello's office on Fornance Street, Norristown. Thank you.

CMC Key Editor – Nancy Werner

Our next **KEY** due date will be July 1. Our highlight news of April, May and June will be our next feature.

PA BPW Foundation – Nancy Werner

Thank you! Thank you! Thank you! Treasurer Noreen Morello shared that we collected a total of \$957.00 from members and another total of \$88.00 from our LO Budget. Grand total sent to the PA BPW Treasurer was \$1,045.00. As serving as Vice Chair of the PA BPW Foundation and Ginny Bailey as a member of the Board, we thank you so very much.

Joining Forces for Women Veterans – Maura (Mo) Gillen

Consider "joining forces" with our sister local, Greater Conshohocken BPW, for their May meeting! In honor of the national observance of May as National Military Appreciation Month, their monthly dinner program will be "Celebrating our Military." I have been invited to be their speaker and am looking forward to it! Please mark your calendar for Monday, May 23, 2022, at Andy's Diner and Pub, 505 W. Ridge Pike, Conshohocken. Networking starts at 6 p.m., with dinner at 6:30 p.m. followed by the program

Girls on the Run – Maura (Mo) Gillen

Please consider signing up to assist with the Girls on the Run 5K on May 21st at Montgomery County Community College!



We are anticipating about 2000 participants and attendees! In order to ensure that the day is a success, we need a lot of volunteers. There are MANY opportunities to assist on that day (see the full list below), or you can assist with preparation on Friday, May 20th, from 3pm - 6:30pm.

Sign up here: <https://www.gotrpa.org/5K-Detail#show-volunteer> And feel free to pass this request on to anyone else you think might be interested.

If you're up to run a 5K yourself, let me know directly and I'll link you with one of our great GOTR girls. I believe we still have some girls in our group who need Running Buddies.

THANK YOU!

Public Relations – Becky Shoulberg

Members are enjoying running into each other at Chamber events and while out and about at other LO functions or while attending a member's event. Many members visited Jessica Libor in April at her Manayunk studio for art, fashion, tea and scones. Part of PR is getting our name out there and being visible, even if it is a Zoom opportunity.

Ways and Means – Becky Shoulberg

Raise Right Mobile App and Shop with Scrip are fundraising tools that help us earn a percentage of a purchase from hundreds of participating merchants. Maggiano's is one of them. We normally earn 11% and anyone can sign up and designate CMC BPW. The enrollment code for Raise Right is 1BHUS3GB5UBS.

Happy Birthday to our Members!



Dates to Remember

MAY DAYS ARE PAY DAYS!

May 17 – PA Primary Election Day! **GO VOTE!**

May 19 – CMC's 95th Birthday Celebration

May 30 – Memorial Day

June 9-12 – BPW/PA State Convention,
Wyndham Gettysburg, Gettysburg, PA

April Birthdays

May 20 – Jessica Libor

May 20 – Crystal Metzler

May 29 – Crystal Butler

“It is not in doing what you like, but in liking what you do that is the secret of happiness.”

James M. Barrie

Important Websites:

- Pennsylvania Business and Professional Women's Clubs – www.bpwpa.org
- Central Montgomery County BPW – www.centralmontgomerycountybpw.org
- Montgomery County Chamber of Commerce – www.montgomerycountychamber.org
- The Patch – patch.com/Pennsylvania/Norristown
- Girls on the Run - GOTR Southeastern Suburban PA (gotrpa.org)
- Shop With Scrip – <https://www.shopwithscrip.com/>